

VETERAN SUICIDE AWARENESS

17 Veterans Die Daily by Suicide

***these numbers change daily/annually**

Every Veteran is different, and many may not show any signs of intent to harm themselves.

But some actions and behaviors can be signs that they need help.

The end of a personal relationship. The loss of a job. Everybody faces difficult times in life, and people cope with stressful situations in different ways. When emotional issues reach a crisis point, the **Veterans Crisis Line** is available 24/7.

You don't have to be enrolled in VA benefits or health care to connect with caring, qualified responders

OPTIONS

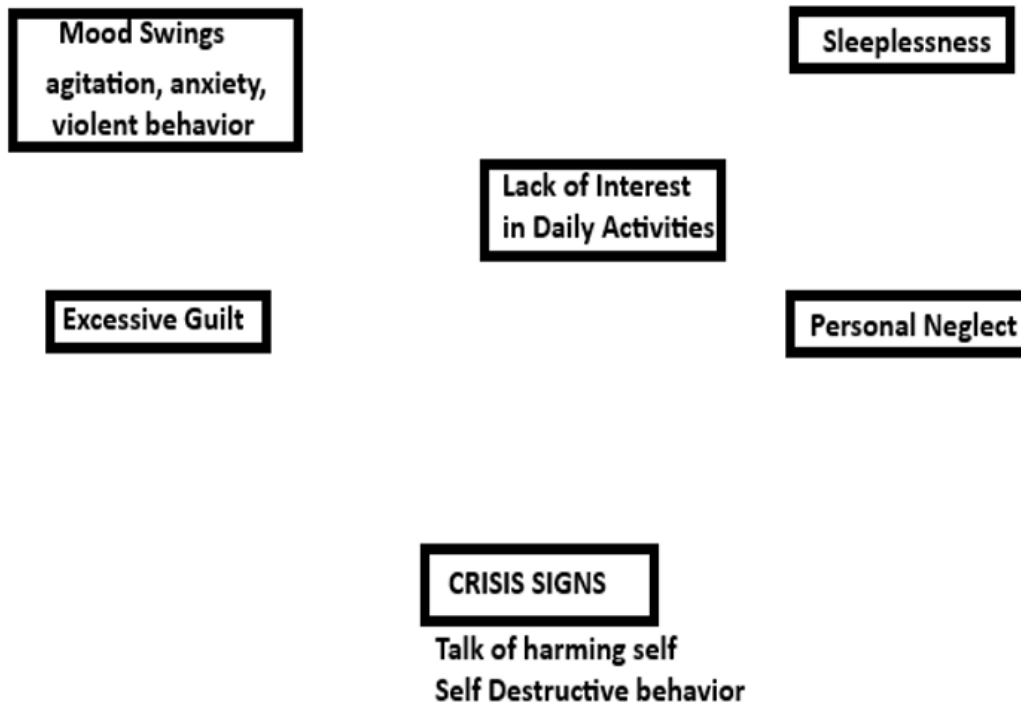
Dial 988 then Press 1

Text 838255

Chat at [VeteransCrisisLine.net/Chat](https://www.veteranscrisisline.net/Chat)

Suicide and Crisis Lifeline provides free and confidential support

VETERAN SUICIDE AWARENESS - WARNING SIGNS



****YOU DON'T HAVE TO BE A VETERAN TO CONTACT THE CRISIS LINE**
YOU CAN CALL FOR YOURSELF, A FAMILY MEMBER OR A NEIGHBOR**